

CHURCH OF THE PROVINCE OF CENTRAL AFRICA

DIOCESE OF CENTRAL ZIMBABWE

N^o 249



Bishops photo shoot during the ongoing Conference at the Canterbury Study Centre

CIRCULAR FOR FEBRUARY 2019

1.0 BISHOP'S DIARY

01-20.02.19	-	United Kingdom -	
24.02.19	-	St. Athanasius –Pastoral visit	
02.03.19	-	R.D.S.S.A	- A.G.M
09.03.19	-	ACZ Meeting - Harare	
03.03.19	-	St.Philip's Mkoba	- Pastoral
10.03.19	-	St. Paul's Rimuka	- Pastoral
16-30.03.19	-	Bujumbura- Burundi	– TCWS
31.03.19	-	St. Michael's Mbizo	– Pastoral
06.04.19	-	St. Cuthbert's Cathedral	– Synod

The office has noted with concern that reports for the circular from most if not all departments are not being submitted in time or not being submitted at all for compilation of the circular. **With or **without** a reminder reports should be in before the 28th day of each month to enable a quick production and publishing of our circular*.*

2.0 Bishop's Visit to the United Kingdom

The Bishop is away in the United Kingdom attending a Conference at the Canterbury Study Centre. After the conference he will also visit our Link Diocese in the Episcopal area of Croydon.

3.0 PERSONEL

Appointment of Diocesan Secretary

The Standing Committee agreed and endorsed the appointment of the new Diocesan Secretary Revd. Canon S.E Basvi, join me in congratulating him on his new position.

Finance & Administration Officer

In recognition of Mr Odias Motsi's contribution and educational achievements the standing committee agreed to the change of his title from Bookkeeper to Finance & Administration Officer.

2.3ASSESSMENT& STIPENDS

We would like to thank all the churches who paid their assessments in time. Let us continue in the same vein.

3.0 DONATIONS TO THE HOSPITAL

Plumbing work is in progress at the hospital after a lot of material for the job was bought last week. We hope that the plumbers will work around the clock to make sure that all the completed sections are done. This also includes septic tanks.

4.0 CLERGY, EMPLOYEES AND SPOUSES BIRTHDAYS

Rev. L. Mpinga	-	22 January
Rev. J. Marumirofa	-	4 February
Rev. J. Bwanakaya	-	6 February
Mrs M. Chitembetembe	-	10 February
Rev. J. Makiwa	-	15 February
Rev. S. Ndawana	-	18 February
Mrs A. Sherewa	-	18 February

Revd. T.Matienga	-	20 February
M. Mugurasave	-	21 February
W. Nyoka	-	1 March
Mr I. Muzvuru	-	1 March
Revd. T. Sherewa	-	4 March
Mrs Marumirofa	-	5 March
Revd. A Gwena	-	8 March
Mrs L. Ndawana	-	8 March
Revd. A Siyachivutuka	-	10 March
Mrs C. Gumede	-	10 March
Mr O. Motsi	-	20 March

5.0 HEALTH & NUTRITION

IN recent decades, there has been an unprecedented urban population growth across the globe. Since the early 1990s, Zimbabwe has experienced urban growth, with the urban population standing at three million in 1990.

By 2015, more than five million people were estimated to have been living in urban centres. The population boom has given rise to a number of problems, chiefly among them malnutrition and diet-related non-communicable diseases (NCDs). While most nutrition experts agree that a balanced

and nutritious diet is the best way to obtain the much needed nutrients, most Zimbabweans' diet is mostly high on calories and short on nutrients.

Alcohol abuse, high-fat diets and physical inactivity – all lifestyle behaviours – have been identified as the major drivers of NCDs in Zimbabwe.

Diseases linked to lifestyle choices, including diabetes and some cancers, killed 138 000 people in Zimbabwe in 2014, as morbidity and mortality cases for NCDs continue to increase at an alarming rate.

The four main NCDs are cardiovascular diseases, cancers, diabetes and chronic lung diseases.

The Health and Child Care Ministry's family health director, Dr Bernard Madzima, said lifestyle diseases are a major threat to public health.

“The increase in NCDs is a slow-motion disaster, as most of these diseases develop over time. But unhealthy lifestyles that fuel these diseases are spreading like a veld fire,” he said.

“Most of these diseases are, to an extent, preventable. By being informed, making conscious diet and exercise decisions, and being proactive about their health, individuals can do a lot to prevent NCDs.” Research has shown that low-income countries are often hardest hit by NCDs. Annually, NCDs account for 40 million deaths.

Almost two thirds of all deaths in the developing world, which is about 23 million each year, have been attributed to NCDs. NCDs are a medical condition or disease which is

non-infectious. They take long to show signs and symptoms.

Besides being preventable, these diseases are now the leading cause of death and disability. The Cancer Association of Zimbabwe monitoring and evaluation officer, Mr Lovemore Makurirofa, challenged the nation to adopt healthy diets.

“Cancer, like most NCDs, are lifestyle-related diseases and I strongly feel that it’s high time people live healthy lifestyles,” he said. “I also challenge the nation to revert back to the traditional diets that those of the past used to have and also implement diets high in vegetables, fruits and roughage content.”

The Micro-Nutrient Survey (2012) indicated that stunting stands at 30 percent, Vitamin A deficiency at 21 percent, iron deficiency at 72 percent and anaemia at 31 percent in children under five. A lot of attention in the health sector the world over has been centred on HIV/Aids, tuberculosis and malaria while the most chronic diseases are being side-lined. It is projected that by 2050, 66 percent of the world’s population will be living in urban areas, with 2,5 billion urban residents in Africa and Asia.

Upon receiving the World Food Prize, Dr.AkinwumiAdesina, the African Development Bank president, said a crisis related to urban malnutrition is looming. “There is an

urgent need for better urban governance around food, nutrition and health,” he said.

“Urban populations need improved information on how to live well by eating well.”

Malnutrition increases the likelihood of non-communicable diseases in later life, such as cancer, diabetes and cardiovascular disease. – Sunday Mail

6.0 SYNOD 2019

Please be reminded that the Diocesan Synod will take place on the 6th of April 2019. We are therefore kindly requesting all those submitting reports to do so as a matter of urgency because the deadline has already passed. Let us also remember that names of Synod Delegates should be in by 4 March 2019.

7.0 NEWS FROM ARCHDEACONRIES.

7.1 Kadoma Archdeaconry

Hope I find you well after the hectic start to the New Year. Our main thrust this month is to push for vestries so that all licensing should be done in early March. We had a successful meeting with Clergy and Wardens and please note that all the things we agreed upon are binding. Let us all speak with one voice so that ministry becomes a joy. Revd and Amai Padiel will be welcomed on the 9th of March and I therefore ask for your support to make this a momentous occasion. I want to thank you all for honouring the assessment, please keep it up. We have a get together in February and let us all come. Have a happy month.

Compiled by Ven. C. Nyereyegona

7.2 Gweru Archdeaconry

We had an Archdeaconry Training meant to introduce the new confirmation syllabus at St Barnabas Church Chiwundura and it was attended by 46 people. A second training was held at St Joseph's Bembe, Lower Gweru and it was attended by 37 people. The Gweru training will be held on the 16th of February.

The new Church in Woodlands presided over by Revd Makamure now has a name. It will be called Holy Name.

Compiled by Ven. T. Sherewa

8.0 PROJECTS

8.1 Hospital.

No report

8.2 Diocesan Centre.

No progress

8.3 Water & Sanitation

No report

9.0 GUILDS

9.1 Mothers' Union

Looking forward to having our M.U lady day at St. Martins Primary school in Kwekwe.

Camp fee is \$40dollars per member.

Starting in the month of February the CDC will be visiting M.U branches around the Diocese to be appraised and monitor progress of the MULO A programme - starting with the Gweru Area.

9.2 Anglican Church Men.

No Report

9.3 Wabvuwi

No report

9.4 Married Couples Fellowship.

No report

9.5 Youth.

No report

9.6 St. Peter's Guild

St. Peters are going to have a night of prayer in Kadomaat St. Pauls Rimukaon Saturday the 9th of February 2019.

9.7 Child Ministry

No report

9.8 Choir.

No report

10.0 RELIEF, DEVELOPMENT AND SOCIAL SERVICES.

R.D.S.S.A St. Patrick's Office

The R.D.S.S.A is going to have a full time functional office which is going to cater for people in around the St. Patrick's Mission. Things will start off by training of all institutional representatives followed by other awareness campaigns on anti-stigma and discrimination. The chiefs and village heads are to be encompassed and involved in these programs so that they excrete the teachings to their subjects.

Training

The Board of Management for the R.D.S.S.A shall go under training on the 2nd of March 2019 at the Cathedral of St. Cuthbert's starting at 09:00. The Board comprises of seven members from all archdeaconries and this is where they will be given instructions on how they will work.

10.1. CHRISTIAN WOMEN FELLOWSHIP

In the next circular we kindly ask archdeacons to give reports of what is going on with this new guild. We have to be inclusive and cater for our sisters who have been in the cold for a long time. Clergy's wives are in charge and accountable. For clarity please refer to previous literature on this guild.

11.0 INSTITUTIONS.

No report

12.0 CATECHISTS TRAINING ON THE NEW SYLABBUS

We are kindly requesting you to identify two or three catechists from your Parish that can be able to interpret the new Confirmation Syllabus. Fluency in both written and spoken English is a requirement. A training shall take place on Saturday 16th March 2018 at St Martins Parish Amaveni. More details will be communicated through a letter.

13.0 SCHOOLS INFRASTRUCTURAL DEVELOPMENT MEETING

We are inviting the following to a crucial meeting on infrastructural development to be held at St. Athanasius Parish- Shurugwi on the 30th of March 2019 from 0830hrs to 11.30hrs

1. All Archdeacons
2. Clergy with schools under their care
3. Headmasters
4. SDC Chairpersons
5. Chairpersons of Archdeaconry Education Committees

May we please be punctual.

Compiled by Mr. A. Mupakurirwa

14.0 THOUGHT OF THE MONTH

Commitment to excellence

We are living in times where mediocrity is taken as the norm. People are keen only to do as little as they can, or give as little as they can. A lot of Christians have joined in cutting corners when nobody is watching. If you are not careful you can slip into this habit of where you are not proud of who you are, coming late to work is normal, looking less than your best is okay, giving less than you can is okay.

God blesses excellence, not mediocrity. The spirit of excellence will compel you to perform above average all the time. Jesus said, 'If a soldier demands you to carry his gear for one mile, carry it for two miles.'(Matt: 5v41-). Jesus is teaching the concept of excellence. You honour God when you do all things by excellence.

With this in mind (spirit of excellence), how are planning to use your lent time this 2019? Lent is taken as a season of reflection and preparation before the celebration of Easter. The forty days of lent can be spent in a more excellent way this year. Do more than usual, replicate Jesus Christ's sacrifice and His withdrawal into the desert for forty days by studying the Bible and praying more intensively.

15.0 PRAYER OF THE MONTH

Lord, teach us to serve you as you deserve;

To give and not to count the cost;

To fight and not to heed the wounds;

To toil and not to seek for rest;

To labour and to ask for no reward and

Save knowing that we do thy will.

Amen.

+Ignatios Central Zimbabwe

.....
+Ignatios Makumbe

ANGLICAN DIOCESE OF CENTRAL ZIMBABWE

24/02/2019

DATE